

New Literature on Old Age

EDITOR

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ABUSE

- 186/1 The mistreatment and abuse of older people and the new UK national prevalence study; by Claudine McCreadie.
Journal of Care Services Management, vol 1, no 2, January/March 2007, pp 173-179.
A major study of the prevalence of the abuse and mistreatment of older people in the UK began in 2005 and was funded by Comic Relief with financial support from the Department of Health (DH). This paper outlines the history and policy background to this seminal research development, details the methodology being employed, and presents findings from the first stage of the research. The paper is an expanded version of the first part of an address given to Action on Elder Abuse's national conference, "Moving Forward", held on 13th March 2006. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>
- 186/2 Protection of vulnerable adults - but at what cost?; by Andrew Parsons.
Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 303-307.
The protection of vulnerable adults (POVA) regime provides an important safeguard for vulnerable adults and children. Although appearing seemingly simple, the POVA procedures have the potential to incur significant costs for care home operators, either in complying with the requirements of procedures or as the result of ancillary legislation. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>
- 186/3 Public perceptions of the neglect and mistreatment of older people: findings of a United Kingdom survey; by Shereen Hussein, Jill Manthorpe, Bridget Penhale.
Ageing and Society, vol 27, part 6, November 2007, pp 919-940.
Large surveys of the general population's perceptions of the neglect and mistreatment of older people are few. This article provides evidence about the public's awareness of 'elder abuse' at a time of considerable medical and political interest in the subject in many countries. It presents the findings of a survey of 1000 adults' knowledge of the neglect and mistreatment of older people in the UK. Descriptive and multivariate analyses were used to examine: variations in the perception of the existence of neglect or mistreatment of older people; the perceived relative prevalence of knowing an older person who had been subject to such experiences; the type and place of such experiences; and knowledge of sources of help in such circumstances. The key findings are that older people believed that there is less neglect and mistreatment of older people than younger people, that women perceived more than men, and that there were regional variations in these perceptions. One-quarter said they knew an older person who had experience neglect or mistreatment, and such reports were most likely among the middle aged and women. The most frequently reported locations of abuse were care homes and hospitals, and the most commonly reported form was inadequate or insufficient personal care. Most people said they would contact social services or paid carers if they encountered neglect or mistreatment. The findings are discussed in the light of increased policy attention to the safeguarding of vulnerable adults, and the implications for research, practice and campaigning organisations are considered. (KJ/RH)
ISSN: 0144686X
From : http://www.journals.cambridge.org/jid_ASO
- 186/4 The UK national study of abuse and neglect among older people; by Jill Manthorpe, Simon Biggs, Claudine McCreadie, Anthea Tinker (et al).
Nursing Older People, vol 19, no 8, October 2007, pp 24-26.
This article reports briefly on the first UK prevalence study (undertaken in 2006-07) of the abuse and neglect of older people living the community. Older people living in the community who reported mistreatment and neglect (2.6 per cent) equate to about 227,000 of the population aged 66 years and over. If figures are broadened to include neighbours and acquaintances, prevalence increased from 2.6 per cent to 4.0 per cent. This article identifies risk factors of loneliness, depression and poor quality of life. It suggests that nurses have a key role in day-to-day clinical practice in enabling older people to report abuse and neglect. A summary of the survey findings can be downloaded from either the Institute of Gerontology website (www.kcl.ac.uk/gerontology)

or the National centre for Social research website (www.natcen.ac.uk). The full report is available from the National centre for Social Research, (£15) or can be downloaded from the Comic Relief web site (www.comicrelief.com). (KJ)

ISSN: 14720795

From : <http://www.nursingolderpeople.co.uk>

ADVOCACY

(See Also 186/26, 186/30)

- 186/5 The first legal right to advocacy; by Teresa Gorczynska.
Working with Older People, vol 11, issue 1, March 2007, pp 17-20.
The Mental Capacity Act 2005 places a duty on local authorities and the National Health Service (NHS) to refer people who may lack capacity to make decisions about medical treatment and other important life issues to an independent mental capacity advocate (IMCA) service. This article describes the experiences and lessons learnt in Croydon, where one of the seven IMCA has taken place. The reader is directed to www.dh.gov.uk/imca for further information about these pilots. (RH)
ISSN: 13663666
From : www.dca.gov.uk/legal-policy/mental-capacity/index.htm)

AGEING (GENERAL)

- 186/6 Age Concern pocket campaign guide: edition: 2007-08; by Age Concern England - ACE. London: Age Concern England - ACE, 2007, 59 pp (A6 booklet).
The work of Age Concern in representing older people and in helping to change public policy on ageing is outlined. This guide incorporates information which would have previously been presented in "Older people in the UK: some basic facts". The key issues covered are: income in later life; age equality; health; social care; housing; employment and lifelong learning; transport; crime and safety; carers; decision-making; and the suitability of products and services for older people. The guide outlines action already taken by the Government and what it still needs to do. (RH)
From : Age Concern England, Astral House, 1268 London Road, London SW16 4ER.
- 186/7 Global age-friendly cities: a guide; by Alexandre Kalache, Louise Plouffe, World Health Organization - WHO. Geneva: World Health Organization, 2007, 76 pp.
The Global Age-Friendly Cities project has its origins at the XVIII IAGG World Congress of Gerontology and Geriatrics in Rio de Janeiro, Brazil in June 2005. This report, produced under the direction of Alexandre Kalache and Louise Plouffe, begins by describing the converging trends of rapid growth of population age 60+ and of urbanisation. It presents the "active ageing" concept as a model to guide the development of age-friendly cities; and summarises the research process that led to identifying core features of an age-friendly city. It describes how the guide should be used by individuals and groups to stimulate action in their own cities. 33 cities participated in and implemented the research protocol; and older people, caregivers and service providers were consulted about the advantages and barriers they experience in eight areas of city living. Parts 5-12 highlight these issues: outdoor spaces and buildings; transport; housing; social participation; respect and social inclusion; civic participation and employment; communication and information; and community support and health services. A separate checklist summarises these essential features of age-friendly cities, qualities reiterated in a concluding chapter. (RH)
From : Further information: Ageing and Life Course, Family and Community Health, World Health Organization, Avenue Appia 20, CH-1211 Genva 27, Switzerland. E-mail: activeageing@who.int www.who.int/ageing/en

ALCOHOL AND DRUG MISUSE

- 186/8 Alcohol in care homes: what rules to play by?; by Louise McCabe.
Journal of Dementia Care, vol 15, no 1, Jan/Feb 2007, pp 34-36 (Research focus).
The Dementia Services Development Centre (DSDC), University of Stirling has published,

"Working with people with ARBD", a study of four care homes, which reveals a variety of ways of managing alcohol consumption. More training is needed if care homes are to respond consistently to this complex issue, and of alcohol related brain damage in particular. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com

- 186/9 Alcoholic beverage preference, 29-year mortality, and quality of life in men in old age; by Timo E Strandberg, Arto Y Strandberg, Veikko V Salomaa (et al).
Journals of Gerontology: Series A, Biological Sciences and Medical Sciences, vol 62A, no 2, February 2007, pp 213-218.
In 1974, cardiovascular risk factors and beverage preferences were assessed in 2468 Finnish businessmen and executives aged 40-55. Of them, 133 did not use alcohol, 455 did not report a single preference, and 694 preferred beer, 251 wine, and 937 spirits. Quality of life with a RAND-36 Short Form (SF) instrument was surveyed in 2000 in survivors. Alcoholic beverage preference tracked well during follow-up. Total alcohol consumption was not significantly different between preference groups. Men with wine preference had the lowest total mortality due to lower cardiovascular mortality. With the spirits group as the reference category and age, cardiovascular risk factors and total alcohol consumption as covariates, wine drinkers had a 34% lower total mortality (relative risk 0.66); the relative risk for beer drinkers was 0.91). In this male cohort from the highest social class, wine preference was associated with lower mortality and better quality of life in old age. Mortality advantage was independent of overall alcohol consumption and cardiovascular risk factors, but contributing personal characteristics in early life differences cannot be excluded. (RH)
ISSN: 10795006
From : <http://www.geron.org>

- 186/10 Problematic drug use, ageing and older people: trends in the age of drug users in northwest England; by Caryl M Beynon, Jim McVeigh, Brenda Roe.
Ageing and Society, vol 27, part 6, November 2007, pp 799-810.
In the United Kingdom (UK) and elsewhere, little is known about problematic drug use among older people (defined here as aged 50-74 years), either because few older drug users exist or because they represent a 'hidden' population. In this paper, it is shown that the average age of drug users in contact with treatment services and agency-based syringe exchange programmes (SEPs) in the counties of Cheshire and Merseyside in northwest England is rising. Between 1998 and 2004-05, the number of older male drug users in treatment increased from 80 to 310, and the number of older females rose from 46 to 117. Consequently, the median age rose from 30.8 years in 1998 to 34.9 years in 2004-05. Similarly, between 1992 and 2004, the number of older injectors accessing SEPs increased from 3 to 65 men and from 1 to 9 women. The median age of SEP attenders was 27.0 years in 1992 and 34.9 years in 2004. Drug use amongst older people is associated with poor physical and psychological health and longer hospital stays. The future cost of the ageing of drug users may be considerable. Detailed research is needed to identify the characteristics and health needs of this vulnerable population. (KJ/RH)
ISSN: 0144686X
From : http://www.journals.cambridge.org/jid_AS0

ARTS AND MUSIC

- 186/11 The Trebus archive: piecing the fragments together; by David Clegg.
Journal of Dementia Care, vol 15, no 3, May/June 2007, pp 27-32.
On the release of 'Ancient Mysteries', a book of memories of people in care, the author tells the story of the Trebus project, a community arts project which has been funded by the Arts Council of England. He describes his current work with Care UK, developing 'Activity Based Care' services, and staff at Care UK's Forrester Court talk about how this approach has invigorated the day-to-day life of the home. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com

ASSESSMENT

- 186/12 Assessment frameworks: a critical reflection; by Beth R Crisp, Mark R Anderson, Joan Orme (et al).
British Journal of Social Work, vol 37, no 6, September 2007, 1059-1078.
Increasing widespread requirements that assessment practice conforms to generic guidelines contained in assessment frameworks has been contentious and critiques offered on individual frameworks have been assumed to apply to the concept of assessment frameworks more generally. After comparing four assessment frameworks currently being used in the UK, this paper argues that although some generalisations can be made, for the most part they are highly individual documents in terms of range and depth of content, the extent to which they are evidenced and the quality of that evidence and implicit expectations as to the skill bases of assessors. Furthermore, the introduction of assessment frameworks is not in itself a panacea to ensure good practice. Even with the most comprehensive frameworks, social workers will still need comprehensive training in assessment and supervision of their practice. (RH)
ISSN: 00453102
- 186/13 The Single Assessment Process in primary care: older people's accounts of the process; by Jackie Powell, Judy Robison, Helen Roberts (et al).
British Journal of Social Work, vol 37, no 6, September 2007, 1043-1058.
Recent government policies have been active in addressing social inclusion and active participation of older people in many aspects of societal life. Independence and well-being animate these developments and are evident in the emphasis on person-centred services within the single assessment process for older people. Drawing on a feasibility study of the Single Assessment Process (SAP) as a "case-finding" approach, this paper presents findings drawn from older people's accounts of this experience. These accounts indicate the potential of the process for identifying "low-level" need, whilst raising issues of access to formal services and resource constraint; also they underline the importance of understanding how older people seek ways of managing their own health and well-being, whilst continuing to contribute to the social cohesion of society by providing support to their peers and to younger generations. Interdependence, it is suggested, rather than dependence should underlie any approach to assessing older people's needs, if we are to appreciate and build upon the complexity of older people's strategies for actively managing their lives. (KJ/RH)
ISSN: 00453102

ASSISTIVE TECHNOLOGY

- 186/14 The role of assistive technology in achieving dignity, equality and respect; by Dyllis Faife.
Working with Older People, vol 11, issue 2, June 2007, pp 20-23.
The use of assistive technology and/or telecare is not necessarily a means to an end that enables older people to remain in their own homes, but it can help in maintaining some independence and desired outcomes. This article includes three case studies that illustrate ways in which assistive technology can promote and maintain a person's dignity and self-respect. (RH)
ISSN: 13663666

ATTITUDES TO AGEING

- 186/15 Science and imagery in the 'war on old age'; by John A Vincent.
Ageing and Society, vol 27, part 6, November 2007, pp 941-962.
Several professional groups present themselves as 'waging war' on old age. They construct old age as a naturalised, self-evidently negative, biological phenomenon, which must be attacked and defeated. These groups make different claims to technical expertise and their ability to control natural phenomena, and use different weapons to defeat ageing. There are those who focus on cosmetic interventions, that is, the control of the body and the removal or masking of the signs of ageing. There are those who equate old age with ill-health and identify themselves as warriors in a battle with disease, and others whose objective is to understand the fundamental intra-cellular processes of ageing and what controls the human life span, and then to extend its limits. A fourth group aims to make human immortality possible. Examination of the language and symbolic

practices of these groups reveals that they share a dominant cultural view that devalues old age and older people. The use of military metaphors to describe the importance and difficulties of their task is most prolific among the first and fourth of these groups. The second and third groups disguise a contradiction in their aim of understanding the diseases and disorders of old age by advocating the goal of an extended 'healthy life span', which avoids having to confront the moral dilemmas of extending the lifespan for its own sake. (KJ/RH)

ISSN: 0144686X

From : http://www.journals.cambridge.org/jid_ASO

BEREAVEMENT

(See 186/38)

BIOLOGY OF AGEING

(See 186/15)

BLACK AND MINORITY ETHNIC GROUPS

186/16 "Beyond silent organisations": a reflection of the UK Chinese people and their community organizations; by Chak Kwan Chan, Bankole Cole, Graham Bowpitt.

Critical Social Policy, vol 27, no 4, issue 93, November 2007, pp 509-533.

The UK Chinese community has long been perceived as having a high degree of solidarity and self-sufficiency. On the other hand, it is argued that the sense of community and mutual help among Chinese people has been weakened by their competitive approach to business. This study is based on an ESRC-funded national study of UK Chinese people's help-seeking behaviour, "The UK Chinese people: diversity and unmet needs". It found that Chinese people - both where their populations are dispersed or concentrated - actively formed organisations to meet their social and cultural needs. However, Chinese organisations were weakened by inadequate resources and the diverse needs of different Chinese groups. Thus, the UK Chinese people were neither self-sufficient nor isolated from each other. The experiences of Chinese organisations further show that in spite of government expectations of community organisations, state input has been mainly in terms of regulations and control. Without financial support, UK Chinese organisations will slip from being weak organisations into "silent" ones. (RH)

ISSN: 02610183

From : <http://csp.sagepub.com>

186/17 Welfare state without dependency: the case of the UK Chinese people; by Chak Kwan Chan, Bankole Cole, Graham Bowpitt.

Social Policy & Society, vol 6, pt 4, October 2007, pp 503-514.

Using the welfare practices of UK Chinese people, this study contests the myth of welfare dependency of ethnic minorities and discusses their social and moral foundation of self-reliance. The study is based on data from 100 face-to-face interviews, supplemented by findings from 316 respondents in a national postal survey, and part of an Economic and Social Research Council (ESRC) funded research project by Chen and colleagues at Nottingham Trent University. The study shows these UK Chinese respondents to be family-oriented and self-reliant, having low expectations of public welfare, thus challenging the myth of welfare dependency of ethnic minorities. Also, compared with Chinese welfare practices based on strong moral values and duties towards other people, New Labour's welfare culture lacks a solid social and ethical base for nurturing the concepts of duty and self-reliance. (RH)

ISSN: 14747464

From : <http://www.journals.cambridge.org>

CARE MANAGEMENT

186/18 Management on demand; by Alison Tonge.

Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 245-251.

Demand management means providing services in the right setting for patients' needs and

providing guidance and support to care professionals to use these services at the right time, thereby avoiding individuals falling into a hospital model of care or remaining there too long. This paper sets out the tools and levers now available for practice-based commissioners to provide more services in the community, including clinical and financial accountability for commissioning services, opportunities to make savings and invest in community-based alternatives provided directly through the practice or through others, and incentives for managing care of patients in the most effective way. (RH)

ISSN: 17501679

From : <http://www.henrystewart.com>

CARERS AND CARING

186/19 Correlates of physical health of informal caregivers: a meta-analysis; by Martin Pinguat, Silvia Sörensen.

Journals of Gerontology: Series B, Psychological Sciences and Social Sciences, vol 62B, no 2, March 2007, pp P126-P137.

Effects of caregiving on physical health have received less theoretical and empirical attention than effects on psychological health. This meta-analysis integrates results from 176 studies on correlates of caregiver physical health. Caregiver depressive symptoms had stronger association with physical health than did objective stressors. Higher levels of care recipient behaviour problems were more consistently related to poor caregiver health than were care receiver impairment or intensity of caregiving. Higher age, lower socioeconomic status and lower levels of informal support were related to poorer health. Predictors of physical health are not identical to predictors of psychological health. Associations of caregiving stressors with health were stronger among older samples, dementia caregivers, and men. In sum, negative effects of caregiving on physical health are most likely to be found in psychologically distressed caregivers facing dementia-related stressors. (RH)

ISSN: 10795014

From : <http://www.geron.org>

CHOICE AND CONTROL

186/20 Real choice, real voice : older people in control: Counsel and Care policy discussion paper 2; by Caroline Bernard, Counsel and Care. London: Electronic format, January 2007, 37 pp.

Those who use health and social care services need to be confident that they will be able to have a say in how these services are shaped and that their wishes will be taken into account. This paper looks at how the 2006 White Paper, "Our health, our care, our say" (Cm 6737) could be delivered, focusing on four particular areas for putting older people in control: advice, information and advocacy; prevention; Individual Budgets and Direct Payments; and telecare. It reviews progress on the White Paper's commitments; discusses the role of the third sector in delivering these commitments alongside the statutory and private sectors; and makes recommendations to central and local government, service providers, and those who commission services. (RH)

From : Counsel and Care, Twyman House, 16 Bonny Street, London NW1 9PG. Website: <http://www.counselandcare.org.uk> Advice Line: 0845 300 7585

DEATH AND DYING

(See 186/38)

DEMENTIA

(See Also 186/60, 186/70, 186/71, 186/80, 186/87)

186/21 Care assistants' views and experience of 'challenging behaviour' in dementia; by Colin Macdonald. Journal of Dementia Care, vol 15, no 4, July/Aug 2007, pp 33-38 (Research focus).

Care assistants are a vital but neglected and undervalued resource in dementia care. The author reviews research in three relevant areas: 'challenging behaviour', models of care, and the care assistant role. He reports on a study of care assistants' views on their work with people with

dementia. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com

- 186/22 Citizenship and dementia: some inconvenient truths; by Stephen Judd.
Journal of Dementia Care, vol 15, no 3, May/June 2007, pp 19-21.
What do we mean by citizenship? Is it a helpful way of approaching empowerment for people with dementia? The author is Chief Executive of Hammond Care, an independent Christian charity and provider of services for people with dementia in New South Wales. He challenges conventional wisdom with some inconvenient truths based on Australian experience. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com
- 186/23 Communication: building up a toolkit of helpful responses; by Brenda Walker.
Journal of Dementia Care, vol 15, no 1, Jan/Feb 2007, pp 28-33.
How can we respond in a helpful and respectful way when a person with dementia seems to be occupying a different reality from our own? The author offers some options based on her experience, and her Fancy Footwork approach previously described in Journal of Dementia Care (vol 12, no 6, 2004). She also deals with questions raised about lying to people with dementia in the previous issue of Journal of Dementia Care. She refers to Tom Kitwood's "Discover the person, not the disease" (Journal of Dementia Care, 1993), who suggested a range of factors to be considered in developing suitable strategies. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com
- 186/24 Communication and dementia: how 'Talking Mats' can help people with dementia to express themselves; by Joan Murphy, Cindy M Gray, Sylvia Cox, University of Stirling; Joseph Rowntree Foundation - JRF. York: Joseph Rowntree Foundation - JRF, 2007, 88 pp.
The deterioration of communication between people with dementia and their carers is one of the most distressing aspects of the illness. This project aimed to establish whether Talking Mats (www.talkingmats.com), a low-tech communication framework, help people with dementia to communicate, and to examine how effective they are for people at different stages of dementia. This study involved 31 people who were each interviewed about their well-being using both Talking Mats - a system of simple picture symbols - and usual communication methods. The researchers compared the effectiveness of each method and found that Talking Mats improved the ability of people at all stages of dementia to communicate, compared to usual communication methods; and, that this tool also reduced repetitive behaviour and helped to keep participants engaged in conversation. The findings suggest that Talking Mats can play an important role in improving quality of care for people with dementia. JRF supported this project based at the University of Stirling, guided by an Advisory Group. (KJ)
From : Joseph Rowntree Foundation, The Homestead, 40 Water End, York YO30 6WP. Findings and full report available as free downloads from <http://www.jrf.org.uk>
- 186/25 Conversations that matter : listening to Millie: [dementia care]; by Julia Pitkin.
Journal of Dementia Care, vol 15, no 1, Jan/Feb 2007, pp 19-21.
An occupational therapist describes how she built up a relationship through conversations with Millie, a 79-year-old woman with dementia in a care home, and discussion with her family. She then worked with staff to make constructive changes in Millie's care plan: use of a relationship-centred approach has resulted in improved quality of life for all. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com
- 186/26 Dementia advocacy; by Sally Wells.
Working with Older People, vol 11, issue 1, March 2007, pp 25-27.
How do you advocate for someone with dementia? How can advocates be confident that they are making the right decisions on behalf of their clients? The author explores the underlying issues, and describes the necessary skills to practise this specialised form of advocacy. (RH)
ISSN: 13663666 From : www.dca.gov.uk/legal-policy/mental-capacity/index.htm

- 186/27 Implementing evidence-based training in dementia care for frontline workers in the social care workforce: reaching the horizon?; by Reba Bhaduri, Caroline Sutcliffe.
Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 294-302.
Previous research has identified an overwhelming demand for training from both care home managers and care staff, particularly in relation to understanding dementia and challenging behaviour. This paper describes a study which assessed the effects of dementia care training on care assistants' performance while working with care home residents with dementia. A training handbook on dementia, devised as a result of this research, formed the basis of the training materials. Following a series of training sessions with care assistants, held either at Manchester University or in the care homes, home managers observed better knowledge and understanding of dementia and skills in communicating in care staff who had received training. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>
- 186/28 Involving families in care homes: a relationship-centred approach to dementia care; by Bob Woods, John Keady, Diane Seddon. London: Jessica Kingsley, 2007, 143 pp (Bradford Dementia Group good practice guides).
The authors outline ways in which care homes can help families to become partners in the caring process: they refer to Mike Nolan and colleagues' Senses Framework, a model for relationship-centred care. Using case examples, quotations, research-based evidence and checklists, they offer practical advice and good practice guidelines to families who choose to be involved in the care of relatives with dementia in care homes, from admission to end-of-life care concerns. The book includes two studies. The first, on the experiences of family members following admission to a care home, was conducted in North Wales. The second, a European study, compared the perspectives of family members and care home staff and their perceptions of each other in Sweden, Spain, Ireland and the UK. The concluding chapter makes recommendations on handling the transition and admission to care homes, and discusses challenges in relation to three main areas of relatives' involvement: advocacy, ensuring personalised care, and monitoring care. (RH)
Price: £14.99
From : Jessica Kingsley (Publishers) Ltd., 116 Pentonville Road, London N1 9JB.
<http://www.jkp.com>
- 186/29 Outdoor environments for people with dementia: an exploratory study using virtual reality; by Tim Blackman, Paul van Schaik, Anthony Martyr.
Ageing and Society, vol 27, part 6, November 2007, pp 811-826.
Few studies have investigated how outdoor environments might disable people with dementia. The issue is rarely considered in planning and design guidelines and not at all in regulations, despite dementia being within the scope of disability discrimination legislation in the United Kingdom and other countries. This article reports a study that involved older people with mild to moderate dementias taking two walks, one in a real town centre and one in a virtual reality (VR) simulation. Adaptations were made to the VR simulation to test possible design improvements. Overall, the town centre posed relatively few problems for the 38 older people with dementia who participated, although more difficulty was evident with greater impairment. Some features of particular places were liked more than others, particularly the segregation of spaces from motor traffic. There were measurable benefits from using clear textual signs to support wayfinding and to identify objects and places in the environment. Diminished outdoor activity is likely to be experienced as a decrease in quality of life and may accelerate the progression of dementia. It is concluded that older people with mild to moderate dementia should be encouraged to be active outdoors, and that this can be facilitated by small environmental modifications. Some limitations of the VR technology used for the study are also reported. (KJ/RH)
ISSN: 0144686X
From : http://www.journals.cambridge.org/jid_AS0
- 186/30 Person-centred advocacy for people with dementia; by Mike Fox, Lesley Wilson.
Journal of Dementia Care, vol 15, no 2, March/April 2007, pp 17-19.
In the first of two articles on advocacy for people with dementia, the authors describe an advocacy

project based in a residential home. Among the issues and themes they identified are isolation, autonomy and privacy. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com

186/31 Respite care for people with dementia: the range of models for getting a break; by Hilary Arksey, Claire Bamford.
Journal of Dementia Care, vol 15, no 3, May/June 2007, pp 37-39 (Research focus).
The authors report on the first stage of a 2-year national study of respite care and short breaks for people with dementia and their carers, in which they identified the range of service models available in the UK. (RH)
ISSN: 13518372
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186/32 Using 'Talking Mats' to help people with dementia to communicate; by Joan Murphy, Cindy M Gray, Sylvia Cox, University of Stirling; Joseph Rowntree Foundation - JRF. York: Joseph Rowntree Foundation - JRF, November 2007, 4 pp.
Findings, 2159, November 2007, 4 pp.
The deterioration of communication between people with dementia and their carers is one of the most distressing aspects of the illness. This project aimed to establish whether Talking Mats (www.talkingmats.com), a low-tech communication framework, help people with dementia to communicate, and to examine how effective they are for people at different stages of dementia. The research by Joan Murphy, Cindy M Gray and Sylvia Cox from the University of Stirling, involved interviews with 31 people at different stages of dementia. Their full report, 'Communication and dementia: how 'Talking Mats' can help people with dementia to express themselves', is published by the Joseph Rowntree Foundation (JRF). (KJ/RH)
ISSN: 09583084
From : Joseph Rowntree Foundation, The Homestead, 40 Water End, York YO30 6WP. Findings and full report available as free downloads from <http://www.jrf.org.uk>

DEMOGRAPHY AND THE DEMOGRAPHICS OF AGEING

186/33 UK national population projections in perspective: how successful compared to those in other European countries?; by Nico Keilman.
Population Trends, no 128, Autumn 2007, pp 20-30.
Compared to population forecasts of other European countries, those made in the UK during the past 30 years had somewhat larger forecast errors for fertility and smaller errors for mortality. Migration forecasts in the UK were about as accurate as the European average. After controlling for various effects such as relative data volatility both at the time a projection is made and during the period of the projection, there is no indication that recent forecasts in European countries have been more accurate than older ones. Hence, population forecasts are intrinsically uncertain, and a forecast for the UK in the form of probability distributions is presented. (RH)
ISSN: 03074463 From : <http://www.statistics.gov.uk>

DEPRESSION

186/34 Treatment of depression in older people in care homes; by Stephen Curran, Salman Shafiq.
Journal of Care Services Management, vol 1, no 2, January/March 2007, pp 155-165.
The treatment of older people with mental illnesses invariably needs an integrated approach, with the pharmacological, social and psychological aspects working together, but this review primarily focuses on pharmacological treatments. In general the pharmacological evidence base is much better for younger patients: many clinical trials exclude older people, making it difficult to extrapolate the findings to older people with mental illness. Older people may be excluded because it is harder to control for confounding variables such as concurrent diseases and the medications need to treat them. This must always be borne in mind when interpreting data from studies involving younger people. There is a need for more research into the use of psychotropic drugs in this vulnerable group of older people. (RH)
ISSN: 17501679 From : <http://www.henrystewart.com>

DIGNITY

(See Also 186/14, 186/44)

- 186/35 The challenge of dignity in care: upholding the rights of the individual: a report for Help the Aged; by Ros Levenson, Help the Aged. London: Help the Aged, 2007, 55 pp.
Dignity in care is about how people feel when receiving care. This report aims to contribute to the growing discussion about what dignity in care means to older people, and how dignity can be measured in the context of health and social care. It presents definitions of dignity that have been used recently; and outlines the policy context by referring to some Help the Aged and government reports since 1999 in which concerns about dignity in care have been developed. Six principles underlying dignity in care are suggested and discussed, for example that it is about treating people as individuals and not just about physical care. Aspects of dignity are discussed, along with changes that are needed, in respect of: communication; privacy; self-determination and autonomy; the role of Direct Payments in promoting autonomy and control; food and nutrition; pain and symptom control; personal hygiene, bathing and using the toilet in hospitals and care homes; personal care and help at home; death with dignity; and social inclusion. Ways in which dignity should be safeguarded are considered; and measurements being developed by the Healthcare Commission's Better Metrics project are suggested for assessing health service performance. (RH)
From : Help the Aged, 207-221 Pentonville Road, London N1 9UZ. E-mail: info@helptheaged.org.uk Website: www.helptheaged.org.uk
- 186/36 Dignity in care; by Ian Philp.
Working with Older People, vol 11, issue 2, June 2007, pp 11-14.
The government's Dignity in Care agenda began in 2006, and includes the establishment of a national network of older people's champions. The National Director for Older People uses two case studies to explain what dignity in care means for health and social care services. He also notes the National Service Framework for Older People (NSF) published in 2001 as acting as an impetus to this campaign, while the 2006 White Paper 'Our health, our care, our say' includes themes around personalising services and giving people choice and control. (RH)
ISSN: 13663666
- 186/37 Dignity in care for older people in hospital: measuring what matters; by Rekha Elaswarapu.
Working with Older People, vol 11, issue 2, June 2007, pp 15-19.
The Healthcare Commission is the health watchdog in England, whose job is to check that healthcare services are meeting standards in a range of areas, including safety, cleanliness and waiting times. Acting on feedback in reports such as its "Living well in later life" and a variety of other sources, the Commission has been developing an approach to check whether NHS trusts are treating hospital patients with dignity and respect. In this article, the Commission's Strategy Development Manager, Long term Conditions and Older People Services outlines the challenges to making dignity in care work. (RH)
ISSN: 13663666
- 186/38 Dignity on the ward : Bereavement and loss: A guide for hospital staff; by Sheila Payne, Katherine Froggatt, Royal College of Nursing - RCN; Help the Aged. [rev ed] London: Help the Aged, 2007, 17 pp A5 booklet (Dignity on the ward).
This pocket guide was developed by the RCN as part of a project commissioned by the Help the Aged Dignity on the Ward campaign. (KJ)
ISBN: 1845980050
Price: £1.50
From : Help the Aged, 207-221 Pentonville Road, London N1 9UZ. www.helptheaged.org.uk
- 186/39 Dignity on the ward : Promoting dignity in hospital: A guide for hospital staff; by Sue Davies, Jayne Brown, Mike Nolan, Royal College of Nursing - RCN; Help the Aged. [rev ed] London: Help the Aged, 2007, 21 pp A5 booklet (Dignity on the ward).
This pocket guide was developed by the RCN as part of a project commissioned by the Help the Aged Dignity on the Ward campaign. (KJ)

ISBN: 1845980050

Price: £1.50

From : Help the Aged, 207-221 Pentonville Road, London N1 9UZ. www.helptheaged.org.uk

ECONOMIC ISSUES

- 186/40 Public attitudes to economic inequality; by Joseph Rowntree Foundation - JRF. York: Joseph Rowntree Foundation - JRF, July 2007, 4 pp.
Findings, 2097, July 2007, 4 pp.
Economic inequality - the unequal distribution of financial resources within the population - is now a marked feature of the socio-economic structure of the UK. However, relatively little is known about public attitudes on this issue. These findings outline a study by Michael Orton at the University of Warwick and Karen Rowlingson at the University of Birmingham, in which they examine public attitudes to economic inequality and related issues of poverty and redistribution of wealth. Drawing on a review of current literature, they find that inequality stands at historically high levels, and that asset inequality has increased since the 1990s, with the top 1% now owning nearly a quarter of all marketable assets. Their main research report is published by the Joseph Rowntree Foundation (JRF) as 'Public attitudes to economic inequality'. (RH)
ISSN: 09583084
From : Joseph Rowntree Foundation, The Homestead, 40 Water End, York YO30 6WP. Findings and full report available as free downloads from <http://www.jrf.org.uk>

EMPLOYMENT

- 186/41 The future for older workers: new perspectives; by Wendy Loretto, Sarah Vickerstaff, Phil White (eds). Bristol: The Policy Press, 2007, 237 pp.
Leading researchers on the implications of changing demographics for the world of work contributed to an Economic and Social Research Council (ESRC) seminar series, Employability of Older Workers, on which this book is based. The series identified a number of underdeveloped themes that are considered critical to extending working lives: the heterogeneity of the older population's work experiences; the impact of work culture and ageism on older workers' participation in employment; choice and flexibility; occupational health and welfare; and training and career development. These themes are examined from an interdisciplinary perspective, drawing on academic and policy-related research from the UK, mainland Europe, the US and Japan. Other themes considered include women's knowledge of, and attitudes to, pensions; and ways in which older workers can be retained and sustained in employment. A concluding chapter considers future prospects for older workers, and evaluates the opportunities and constraints for extending and sustaining working lives. (RH)
Price: £65.00 (hbk)
From : Marston Book Services, PO Box 269, Abingdon, Oxon OX14 4YN.
Email: direct.orders@marston.co.uk
Website: <http://www.policypress.org.uk>

END-OF-LIFE CARE

- 186/42 Building on firm foundations: Improving end of life care in care homes : examples of innovative practice; by National Council for Palliative Care; End of Life Care Programme, NHS, Department of Health - DH.: Electronic format, June 2007, 38 pp.
The NHS End of Life Care (EoLC) Programme is part of an overall strategy to give people greater choice in their place of care and death, and to provide training for health and social care staff in helping care for people at the end of their lives. This guide suggests ways that care home staff working in partnership with other organisations have improved care that the residents now receive, whether in assessing needs support for staff, new roles, education and training. It highlights where organisations have brought a number of these elements together in a creative way to improve care. Contact details for these individual organisations are given. (KJ)
From : Downloaded (17/10/07) from website:
<http://www.ncpc.org.uk> <http://www.endoflifecare.nhs.uk>

- 186/43 NHS End-of-Life Care strategy; by Mike Richards, End of Life Care Programme, NHS, Department of Health - DH.: Electronic format, 8 February 2007, unnumbered (Gateway reference: 7775).
The NHS End of Life Care (EoLC) Programme is part of an overall strategy to give people greater choice in their place of care and death, and to provide training for health and social care staff in helping care for people at the end of their lives. This circular letter from Professor Mike Richards, Chair of End of Life Care Strategy Advisory Board, is about the progress being made in developing a strategy for end of life care, to meet the health and social care needs and preferences of all adult patients about where they live and die. It is expected that the Advisory Board will report to Ministers by the end of 2007. (KJ/RH)
From : <http://www.endoflifecare.nhs.uk>

EXTRA-CARE HOUSING

- 186/44 Dignity through design: how the architecture can make a difference; by Judy Sarre.
Working with Older People, vol 11, issue 2, June 2007, pp 28-31.
The Open University's Research on Age Discrimination Project (RoAD) calls for better design of public spaces to empower older people. This article explains the background and thinking behind Archadia's award-winning design for New Larchwood, an extra care housing scheme developed by Hanover Housing Association in partnership with Brighton and Hove City Council. The aim is to bring dignity through design to its residents. (RH)
ISSN: 13663666

GOVERNMENT AND POLICY

- 186/45 Health policy futures. Engaging with care : a vision for the health and care workforce of England; by Sandra Dawson, Zoë Slote Morris, Will Erickson (et al), Nuffield Trust.
Health and care needs in England will change dramatically over the next 15 years, but the people recruited and trained and the facilities built today will still be part of the landscape in 2022. This report, part of a Nuffield Trust series, explores the development of three possible scenarios of the English health and care system in 2022. Each scenario is associated with a different type of engagement with health and care and is shaped by different sets of policies. The authors highlight conclusions for action for policymakers et al. to take on board. Delivering these changes, the authors argue, demands that health and social care leaders re-engage with the public and workforce to 'co-create' health and care services fit for the future. There are ten background papers from the Judge Business School Cambridge available that provide detailed analysis and support for this report. These papers can be downloaded from the website: (www.jbs.cam.ac.uk/research/health/polifutures/publications.html). (KJ)
Price: foc
From : The Nuffield Trust, 59 New Cavendish Street, London W1G 7LP.
Download from website: www.nuffield.org.uk

- 186/46 Human rights in an ageing world: perspectives from around the world; by Nora Macleod (comp/ed), ILC Global Alliance. London: ILC UK, 2007, unnumbered.
Contributors from the International Longevity Centre network comment on developments in policy and legislation in ten countries as they affect older people's human rights. On the UK, Sally Greengross discusses issues around pensions, health and social care, discrimination, workforce participation, inter-generational matters and migration. South Africa continues to experience age discrimination, even though it has been outlawed constitutionally. On France, discussion concerns the double priority of promoting high quality long term care systems and improving social integration and activity of the healthy senior population. The Dominican Republic focuses on three categories of rights: protection, participation and image. Israel notes laws of significance to older people in the areas of social security, health care and human rights.
India has had a National Policy on Older Persons (NPOP) since 1999, but this has been formulated without adequate consultation with relevant organisations. In Japan, key issues about older people's rights include safety, healthcare and health, a proper standard of living, not to be subject to discrimination, and not to suffer from abuse or inhumane treatment. For the Netherlands, most important are social protection, productive ageing, preventive care, integration

and participation, and end of life issues; there are calls, too, for national and EU legislation on equal treatment to include goods and services. Argentina focuses on gender inequalities, societal abuse, and changes to policy to enable older people to better assert their human rights. The US indicates the incidence of discrimination in nursing homes, emergency services, the workplace and the media, as well as elder abuse and ageist gender equality. (RH)

From : ILC UK, 22-26 Albert Embankment, London SE1 7TJ.
www.ilcuk.org.uk

- 186/47 PSA [Public Service Agreement]: Delivery agreement 17: Tackle poverty and promote greater independence and wellbeing in later life; by HM Government; HM Treasury; Department for Work and Pensions - DWP. London: HM Treasury, October 2007, 31 pp.
This is one of the 30 Public Service Agreements (PSAs) which sets out the key priority outcomes the Government wants to achieve in the spending period 2008-2011, following the 2007 Comprehensive Spending Review (CSR). This PSA seeks to ensure that the specific needs of the older population (here defined as everyone aged 50+) are given "due priority". It specifies five indicators for measuring progress, outlines the roles and responsibilities, and defines the key terms. Indicator 1: The employment rate of those aged 50-69 and difference between this and the overall employment rate. Indicator 2: The percentage of pensioners in low income. Indicator 3: Healthy life expectancy at age 65. Indicator 4: The proportion of people over 65 who are satisfied with their home and neighbourhood. Indicator 5: The extent to which older people receive the support they need to live independently at home. For each indicator, delivery strategies and how they are to be measured are explained. (RH)
From : HM Treasury, 1 Horse Guards Road, London SW1A 2HQ.
E-mail: public.enquiries@hm-treasury.gov.uk
Website: http://www.hm-treasury.gov.uk/pbr_csr/psa/pbr_csr07_psaindex.cfm

- 186/48 Transformational government; by Better Government for Older People - BGOP. London: Better Government for Older People - BGOP, Autumn 2007, 4 pp [BGOP Making it happen, briefing 11].
The Transformational Government Strategy was published in late 2005 by the Cabinet Office. It seeks to realise the long term transformation of public services to provide efficient, effective services people want. It informed the published Comprehensive Spending Review of 2007 and takes forward the delivery of joined up operational services from the customers' point of view. (KJ)
From : Better Government for Older People, 25-31 Ironmonger Row, London EC1V 3QP.
Website: www.bgop.org.uk

HEALTH SERVICES

(See Also 186/35, 186/53)

- 186/49 Closing the care gap : getting better care and support for older people: a Counsel and Care policy paper; by Counsel and Care. London: Electronic format, January 2007, 14 pp.
The care gap is the gap between what older people need and what care and support is available, and urgent action is needed to stop this gap widening. This policy paper notes that a national survey of local authorities conducted by Counsel and Care found that it is almost impossible for older people to access support in the community, unless their needs are severe. The survey indicates problems with future service provision arising from pressure on both NHS and social services budgets. This paper suggests that policymakers need to rethink current provision and funding in the light of societal changes such as increases in numbers of people who have a disability or dementia. The 2007 Comprehensive Spending Review (CSR) should provide such an opportunity to tackle this problem. (RH)
From : Counsel and Care, Twyman House, 16 Bonny Street, London NW1 9PG. Website: <http://www.counselandcare.org.uk> Advice Line: 0845 300 7585
- 186/50 Stop, look and listen: service user and carer consultation can make a genuine difference to a service; by Helen Oldknow.
Working with Older People, vol 11, issue 1, March 2007, pp 32-36.

The author describes the aims and objectives of the Doncaster and South Humber Healthcare NHS Trust's clinical audit of its community mental health nursing team, subsequent to which, how a simple change in practice made a genuine difference to service users and carers. (RH)
ISSN: 13663666

HOME CARE

- 186/51 "Time to care?": an overview of home care services for older people in England; by Margaret Sheather.
Journal of Care Services Management, vol 1, no 2, January/March 2007, pp 120-122.
The Commission for Social Care Inspection (CSCI) report, "Time to care?" (2006) provides an overview of the domiciliary care market in England. The author comments on the report's findings, querying the extent to which it adds to current debate, but concluding that it makes a strong contribution to the discussion. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>

HOMELESSNESS

- 186/52 The outcomes of rehousing older homeless people: a longitudinal study; by Maureen Crane, Anthony M Warnes.
Ageing and Society, vol 27, part 6, November 2007, pp 891-918.
Older people who become homeless have attracted increasing attention in North America, Western Europe and Australia over the last 20 years, but there have been few projects dedicated to their support, and even fewer studies of the outcomes. This paper reports a longitudinal study of the resettlement of 64 older people who were rehoused into permanent accommodation from homeless people's hostels in England. The sample was drawn from St Mungo's and St Martin-in-the-Fields Social Care Unit in London, and St Anne's Community Services in Leeds and Sheffield. Their progress was monitored for 2 years by face-to-face interviews. The theoretical model was that the outcomes of rehousing are a function of personal factors and behaviour, the support that people receive, and the characteristics of the new home. After 24 months, 28 respondents were housed and 'settled', 10 were housed but 'unsettled', 11 had abandoned their accommodation, and 6 had been evicted (9 had died or ceased contact). The factors that significantly associated with remaining housed and settled included: previous stable accommodation histories, revived contacts with relatives, taking up activities, and regular help from housing-support workers. Unsettledness and tenancy failure associated with prolonged prior homelessness, worries about living independently and continuing contacts with homeless people. Rehousing older homeless people successfully is difficult, particularly among those with long histories of homelessness and instability, and more needs to be known about the types of accommodation and the types of support that promote tenancy sustainment. (KJ/RH)
ISSN: 0144686X
From : http://www.journals.cambridge.org/jid_ASO

HOSPITAL SERVICES

(See 186/38, 186/39)

HOUSING

(See Also 186/62)

- 186/53 Connecting housing to the health and social care agenda: a person-centred approach: prepared for the CSIP Housing Group by Nigel Appleton and Peter Molyneux of Contact Consulting; by Nigel Appleton, Peter Molyneux, Housing Learning and Improvement Network, Care Services Improvement Partnership - CSIP; Contact Consulting. London: Housing Learning and Improvement Network, September 2007, 22 pp.
The authors use case studies to explore how housing (rented and owner-occupied) is an essential part of any strategy seeking to bring health and social care together, in which more importantly,

the user or patient should be at the centre. This point of view is looked at from three distinct perspectives. First, the way in which housing services help people to meet their needs and achieve their aspirations. Second, property and the way in which housing quality impacts on the need for health and social care services and improves people's health. Third, place and the impact of health on neighbourhood effects. An overview of the policy context provided by the CSIP Housing Group highlights concerns about particular groups: those with mental health problems, a learning disability or a physical disability, older people, children, offenders, and homeless people. (RH)
From : Housing Learning and Improvement Network, 304 Wellington House, 133-155 Waterloo Road, London SE1 8UG. PDF and Word versions at: www.icn.csip.org.uk/housing

- 186/54 Housing provision for an ageing society: speech by Baroness Andrews to the Fabian Society on 13 June 2007; by Baroness Andrews, Parliamentary Under-Secretary of State, Department for Communities and Local Government - DCLG; Fabian Society.: Electronic format only, 2007, 10 PP.
Baroness Andrews, the Parliamentary Under-Secretary of State, Department for Communities and Local Government (DCLG), was invited to speak at a "Next Decade" lecture organised by the Fabian Society. Baroness Andrews highlighted the centrality of older people in the housing market, noting that "30% of households are already headed by someone over retirement age". The key role of home improvement agencies in enabling older people to maintain and adapt their homes was also stressed. The full text of Baroness Andrews lecture is available on the DCLG website. The meeting was also addressed by gerontologist, Professor Alan Walker. (KJ/RH)
From: <http://www.communities.gov.uk/speeches/corporate/housing-provision>
Also available at: <http://fabians.org.uk/events/andrews-housing-07/speech>

- 186/55 Towards an ageing society: summary of the final evaluation report of hact's Older People's Programme; by Moyra Riseborough, hact - Housing Associations' Charitable Trust; Housing Corporation. London: hact, September 2007, 8 pp.
Using funding from the Henry Smith Charity and the Housing Corporation, hact's Older People's Programme set out to improve housing for older people, and was very successful: of the 19 projects funded, 17 achieved their targets. The Programme's focus was on marginalised older people, including those living in rural areas, older people with mental health problems (including dementia), and refugees and black and minority ethnic (BME) elders. This document is a summary of Moyra Riseborough's final evaluation report. It includes insights about specific policy areas (e.g. social exclusion, advocacy, and assistive technology), lessons for programme funders, government and local authorities. Further information on each policy area is contained in a series of insight documents, available from hact. The full evaluation document is available on hact's website. (RH)
From : hact, 50 Banner Street, London EC1Y 8ST. www.hact.org.uk

INDEPENDENT LIVING

- 186/56 Independent living: from rhetoric to reality; by Nick Sanderson.
Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 262-268.
Independent living and other variants of new accommodation options for older people have been actively discussed for more than 20 years and appear to represent the future for the ever-expanding population of retired people. The provision of independent housing, with variable levels of care available to allow ageing in place, seems such a logical alternative to outdated care homes, but there have been remarkably few privately funded examples in the whole of the UK. What has been the brake on development? Why has the opportunity not been seized? Does the rhetoric live up to the reality of what older people want? Written from a private perspective, this paper considers not just what options have been and will be available, but why the assumed explosion of growth has not taken place. Is this the fault of the supplier or the purchaser? (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>

INDIVIDUAL BUDGETS

- 186/57 Evaluating the individual budget pilot projects; by Caroline Glendinning, David Challis, José-Luis Fernandez (et al).
Journal of Care Services Management, vol 1, no 2, January/March 2007, pp 123-128.
Individual budgets are being piloted in 13 English local authorities. The implications are potentially profound, for the users, commissioners and providers of social care and other services alike. This paper outlines the challenges involved in evaluating the pilot projects; major questions need to be asked before a decision can be taken about "rolling out" individual budgets more widely. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>

INTERNATIONAL AND COMPARATIVE

(See 186/46, 186/76)

INVOLVEMENT

- 186/58 Beyond the tick box: older citizen engagement in UK local government; by Sandra Vegeris, Helen Barnes, Verity Campbell-Barr (et al), Policy Studies Institute - PSI; Better Government for Older People - BGOP. London: Policy Studies Institute; Better Government for Older People, October 2007, 72 pp.
This is a report of research carried out by the Policy Studies Institute (PSI) and Better Government for Older People (BGOP) between 2005 and 2006. It draws on a survey of 162 UK local authorities (34% response) about their engagement with older citizens, and eight qualitative studies on specific local engagement. On the survey, the report indicates the range and predominance of different approaches to engagement, and what helps or hinders older citizens' engagement activities. The independent forum, the older citizens panel, and the supported group are identified as the three main models that structure engagement partnerships; examples are given of how these work in practice. The completion of this study coincides with an increased UK national momentum, to encourage community involvement in decision making about local and national services and policies. The report concludes with key messages regarding local authority engagement with older citizens. A separate report for London only, "Engaging with older citizens: a study of London boroughs" is available (www.londoncouncils.gov.uk/bgop). (RH)
Price: FOC
From : Better Government for Older People, 25-31 Ironmonger Row, London EC1V 3QP.
www.bgop.org.uk
Policy Studies Institute, 50 Hanson Street, London W1W 6UP. www.psi.org.uk

LEGAL ISSUES

(See 186/5, 186/61, 186/69, 186/83, 186/84)

MEDICATION

- 186/59 Advanced practice and support in prescribing and medicine management for care homes; by Louise Winstanley, Wendy Brennan.
Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 233-244.
Older people in care homes have a higher level of care needs than most of the rest of the population, and are recognised in the National Service Framework for Older People (NSF) as being the group most at risk in terms of long-term illness, hospitalisation, adverse effects of medication, and falls. In studies of medicine-related hospital admissions and adverse effects of medicines on older people, some medicines rank highly, including psychoactive agents, non-steroidal anti-inflammatory drugs (NSAIDs), diuretics, anticoagulants and antibiotics. National Minimum Standards require good control of medicines for people living in care homes. Older care home residents receive up to four times as many prescription items as those living in their own homes. They are sensitive to the effects of medication, and iatrogenic disease is often

a cause of hospital admission. Collaborative working between the nurse clinician, the pharmacist practitioner, care home staff, residents and general practitioners (GPs) has had a positive impact on approximately 160 people within four care homes in south Preston, Lancashire. Each person has received a complete review of their medicines, resulting in massive cost savings, a reduction in the number of GP callouts of more than 85%, and a reduction in the number of hospital admissions. Evidence from the National Institute for Clinical Evidence (NICE) on osteoporosis has resulted in all people being offered calcium and vitamin D supplementation to improve bone strength. An overall clinical management plan has been developed for each resident. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>

- 186/60 Antipsychotic prescribing patterns in care homes and relationship with dementia; by David P Allred, Duncan R Petty, Peter Bowie (et al).
Psychiatric Bulletin, vol 31, no 9, September 2007, pp 329-332.
A cross-sectional study was carried out using data from the intervention group of a randomised controlled trial of medication reviews in care homes. Of 331 residents studied, 67 (20%) were prescribed an antipsychotic (70% atypical); 57 of these (85%) did not have a diagnosis of a psychotic disorder. The antipsychotic prescribing rate was 32% (46 out of 146) for those with dementia, and 10% (17 out of 174) for those without dementia. A quarter (82 out of 331) had received a medication review by the general practitioner (GP) in the preceding 12 months. One fifth of residents were prescribed an antipsychotic with little evidence of review. Systems should ensure that residents' treatment is reviewed regularly. (RH)
ISSN: 09556036
From : <http://pb.rcpsych.org>

MENTAL HEALTH

(See Also 186/69)

- 186/61 Explaining about ... the Mental Capacity Act for England and Wales; by Tara St John.
Working with Older People, vol 11, issue 1, March 2007, pp 9-12.
To coincide with the March 2007 implementation of the Mental Capacity Act 2005, this and other articles in this issue of Working with Older People consider mental health services in the context of the Act. This article is intended as a general overview of the Act, but should not be regarded as a legal guide. (RH)
ISSN: 13663666
From : www.dca.gov.uk/legal-policy/mental-capacity/index.htm
- 186/62 Is a new town good for the mind?: a review of mental health problems in planned communities; by Loretta White, Sara Banks, Steve Davies.: Psychologists' Special Interest Group in Elderly People - PSIGE, British Psychological Society, July 2007, pp 16-20.
PSIGE Newsletter, no 100, July 2007, pp 16-20.
This review is based on the literature on mental health in new towns published between 1950 and 2007, and an extensive search of MEDLINE, PsychINFO and sociological databases. It examines relationships between these two concepts, and discusses methodological limitations of the research to date, not least that most of the literature was published in the 1960s and concerned young adults. On the basis of the existing literature and more recent socio-political objectives, areas for future research are proposed. (RH)
ISSN: 13603671
From : <http://www.psige.org.uk>
- 186/63 Mental health issues of older women : a comprehensive review for health care professionals; by Victor J Malatesta (ed).
Journal of Women & Aging, vol 19, nos 1/2, 2007, 200 pp (whole issue).
These eleven articles address older women's mental health issues, who are the primary consumers of mental health services but research which addresses their needs is less than that for men's mental health issues. This volume offers a comprehensive overview for the health professional. It also provides an update for the practitioner in the field provided by established clinicians.

Using current psychiatric diagnosis as a framework, the contributions address the range of mental health problems which includes dementia and cognitive impairment. (KJ)

ISSN: 08952841

From : Haworth Delivery Service Centre, The Haworth Press Inc., 10 Alice Street, Binghamton, NY 13904-1580, USA.

<http://www.HaworthPress.com>

186/64

Neuropsychological assessment with older people: ecologically valid measures; by Yamna Satgunasingam.: Psychologists' Special Interest Group in Elderly People - PSIGE, British Psychological Society, July 2007, pp 5-10.

PSIGE Newsletter, no 100, July 2007, pp 5-10.

This article outlines measures that are considered to be ecologically valid that could be used in assessing older people, including those with organic impairments such as dementia, for a range of purposes, that require information on how people are likely to perform in everyday life and the nature of their difficulties. The article comments on the following tests: the Rivermead Behavioural Memory Test; the Everyday Memory Questionnaire (EMQ); the Autobiographical Memory Interview (AMI); the Behavioural Assessment of the Dysexecutive Syndrome (BADS); and the Three-Objects-Three-Places Neuropsychological Test (3O3P). The author notes that many cognitive tests still fail adequately to predict outcomes in everyday functioning. Further research is required to find tests that are appropriate, not too long, and perceived as non-threatening to the client group. (RH)

ISSN: 13603671

From : <http://www.psige.org.uk>

186/65

Psychosocial interventions for older people with mental health difficulties; by Ben Boyd.

Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 269-278.

Psychosocial interventions (PSI) for older people with mental health difficulties have not been adequately researched, nor have they received emphasis in national policy. The background to this situation is explored in this paper, and strategy for local implementation is presented that includes training, PSI in service design, and generating local data to facilitate implementation. (RH)

ISSN: 17501679

From : <http://www.henrystewart.com>

NUTRITION

186/66

Health Committee survey re. "Adequate nutrition in hospitals and care homes"; by The Health Committee, National Council of Women of Great Britain - NCWGB.

This open letter to its membership summarizes the brief survey's results to 9 questions asked about adequate nutrition in hospitals and care homes which has been of increasing concern to other organisations in the voluntary sector working with older adults; and is directly influenced by Age Concern's Hungry to be Heard campaign. The Health Committee finds: "In summary, careful and caring observation of patients' optimum dietary intake and their capacity to feed themselves is vital, and does not come from external caterers." The Health Committee will prepare a letter with their findings to submit to Government with the approval of their Management Committee. (KJ)

From : NCWGB, 36 Danbury Street, Islington, London N1 8JU.

www.ncwgb.org

186/67

Improving nutritional care: A joint Action Plan from the Department of Health and Nutrition Summit stakeholders; by Nutrition Summit stakeholder group; Department of Health - DH. London: Electronic format, October 2007, 48 pp (Gateway ref: 8813).

The Nutrition Action Plan outlines how nutritional care and hydration can be improved and suggests five key priority areas through which managers and staff working in health and social care can address this area of healthcare. Gordon Lishman, Director General of Age Concern, has been asked to chair the Nutrition Action Plan Delivery Board that will ensure delivery of the Action Plan. An August 2006 report from Age Concern revealed that 60% of older patients - who occupy two thirds of general hospital beds - were at risk of becoming malnourished or seeing their health get worse. This plan is a result of a campaign launched in 2005 by Age Concern "Hungry to be Heard". (KJ)

Price: FOC

From : Download publication (2/11/07): www.dh.gov.uk/publications

OLDER WOMEN

(See 186/63)

PALLIATIVE CARE

- 186/68 Medicine, care of the dying, and care of the chronically ill; by Milton Lewis.: LSE Health; European Observatory on Health Systems and Policies, 2007, pp 14-16.
Eurohealth, vol 13, no 2, 2007, pp 14-16.
The palliative care movement began in Great Britain and spread quickly, not only to the United States, Australia, Canada and New Zealand but also to continental Europe. This article provides an overview of material covered in a new book entitled "Medicine and care of the dying. A modern history" (Lewis; OUP, New York, 2007). Historically, concern about palliative care has developed separately from that about better care for the chronically ill; but the same demographic and other forces are now shaping the context in which more patient-centred services are needed. Palliative care and care for the chronically ill should be better integrated, as should health services generally. (KJ)
ISSN: 13561030
From : <http://www.lse.ac.uk/LSEHealth>
eurohealth@lse.ac.uk
- 186/69 Palliative care and the Mental Capacity Act; by Simon Chapman, Nick Hayes.
Working with Older People, vol 11, issue 1, March 2007, pp 21-24.
The impact of the Mental Capacity Act 2005 is examined from a palliative care perspective. The authors comment on ways in which the Act will hopefully bring more clarity in assessing a person's best interests with regard to: the role of relatives; advance care planning; living wills; and proxy decision-making. (RH)
ISSN: 13663666
From : www.dca.gov.uk/legal-policy/mental-capacity/index.htm)
- 186/70 Palliative care in dementia: caring at home to the end; by Jenny Henderson.
Journal of Dementia Care, vol 15, no 3, May/June 2007, pp 22-23.
In this second of two research articles, the author argues that adequate support should be given to carers who wish to care for a person with end-stage dementia at home. She writes in the light of her work for Alzheimer's Scotland palliative care project, which considered the difficulties met by carers and their support needs. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com
- 186/71 Palliative care in dementia: carers must be included; by Jenny Henderson.
Journal of Dementia Care, vol 15, no 2, March/April 2007, pp 22-23.
Family carers are rarely supported or encouraged to remain involved once their relative with end-stage dementia has moved into a care home. In this first of two research articles, the author makes the point that if we are to begin to meet palliative care needs, this situation must change. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com
- 186/72 Rethinking palliative care: a social role valorisation approach; by Paul Sinclair. Bristol: The Policy Press, 2007, 246 pp.
It is argued that palliative care does not deliver on its aims to value people who are dying and to make death and dying a natural part of life. The author argues for the de-institutionalisation of palliative care and the development of an alternative framework to the approaches found in hospices, palliative care units and community-based palliative care services. He draws on Wolf Wolfenberger's social role valorisation (SRV) theory, most recently defined as "the application

of what science can tell us about the enablement, establishment, enhancement, maintenance and/or defence of valued social roles for people". The book is arranged in three parts, the first of which reviews the evolution of palliative care in the context of formal care. Part Two explores the social devaluation of people who are dying as the necessary effect of how palliative care is organised; and SRV is suggested as a tool for analysing the palliative care system and for remedying social devaluation. Part Three applies ideas for tackling social devaluation in palliative care that are used in the intellectual disability services sector, particularly the shift away from institutional models of care. (RH)

Price: £21.99 (pbk); £70.00 (hbk)

From : Marston Book Services, PO Box 269, Abingdon, Oxon OX14 4YN.

Email: direct.orders@marston.co.uk

Website: <http://www.policypress.org.uk>

PENSIONS AND BENEFITS

(See Also 186/17)

186/73

Working beyond the state pension age in the United Kingdom: the role of working time flexibility and the effects on the home; by Andreas Cebulla, Sarah Butt, Nick Lyon.

Ageing and Society, vol 27, part 6, November 2007, pp 849-868.

The present and future security of employee-pension funding remains at the forefront of public debate across Europe and beyond. In the United Kingdom, to finance future pension entitlements it has been suggested that the state pension age be increased. This paper presents the results of analyses of four major national social surveys that have explored the working and living conditions of workers in paid employment after the state pension age (SPA). The surveys used were the Labour Force Survey (LFS), the Workplace Employee Relations Survey, the British Household Panel Study (BHPS), and the European Social Survey. Comparing the circumstances of these workers with workers just below that age illustrates the extent to which it constitutes a break in the working and domestic lives of older people. The findings suggest that, in order to accommodate older workers in the workplace, more attention may need to be placed on informal as well as contractual arrangements of flexible working. Beyond part-time working, older workers rarely take up additional or alternative flexible working arrangements. At the same time, older workers continue to experience housework as burdensome, while in partnered households the gendered division of domestic labour prevails. Research and policy have yet to consider in depth these risks associated with working longer in life. (KJ/RH)

ISSN: 0144686X

From : http://www.journals.cambridge.org/jid_ASO

PERSON CENTRED CARE

(See Also 186/13, 186/30, 186/53)

186/74

Person centred thinking with older people: practicalities and possibilities; by Helen Bowers, Gill Bailey, Helen Sanderson (et al), Helen Sanderson Associates (HSA); Older People's Programme - OPP. Heaton Moor, Stockport: HSA Press, for Helen Sanderson Associates, 2007, 94 pp (+ pack).

The book is about person centred thinking to enable older people to have much greater control and say over what they need and want, in order to be full and active citizens. It summarises what is being learnt about self-directed support and older people, and introduces each of the person centred thinking tools. These are: appreciations; relationships; what is important to and for people; communication; histories; wishing; good days and bad days; and working or not working. The book explores how these tools provide the foundation for support planning. The pack provides real life examples for using these person centred thinking tools. The materials on learning centred thinking were developed by the Learning Community for Person Centred Practices and are used with permission. The book was supported by the Care Services Improvement Partnership (CSIP) and In Control. (RH)

From : Helen Sanderson Associates, 34 Broomfield Road, Heaton Moor, Stockport, Cheshire SK4 4ND. www.helensandersonassociates.co.uk

QUALITY OF LIFE

- 186/75 Lay theories of quality of life in older age; by Ann Bowling, Zahava Gabriel. *Ageing and Society*, vol 27, part 6, November 2007, pp 827-848.
This paper presents findings from a national survey of quality of life (QoL) in older age. The main aim of the analyses was to examine the definitions of quality of life given by people aged 65 or more years and the underlying reasons. Open-ended questions were used to elicit their perceptions of QoL. These were followed by structured measures of self-rated QoL overall, and of domains of QoL commonly reported in the literature. The main things said by the respondents to give their lives quality were categorised into 'themes'. The reasons given by people to explain why these things were important to QoL are also focused on. This paper also presents data that demonstrates the ability of theoretically informed, structured survey indicators of QoL to predict respondents' self-rated overall QoL. Logistic regression analyses showed that most of these indicators were strong, independent predictors of self-ratings of QoL, although those that were not significant in the model did not fully incorporate lay reasons of QoL in their measurement scales. In conclusion, the indicators which were not significant in the model did not fully incorporate lay values in their measurement properties. It is also likely that those indicators that were significant could have been improved. (KJ)
ISSN: 0144686X
From : http://www.journals.cambridge.org/jid_ASO
- 186/76 Solidarity-conflict and ambivalence: testing two conceptual frameworks and their impact on quality of life for older family members; by Ariela Lowenstein.
Journals of Gerontology: Series B, Psychological Sciences and Social Sciences, vol 62B, no 2, March 2007, pp S100-S107.
Two major conceptualisations of parent-child relations in later life - intergenerational solidarity or conflict, and ambivalence paradigms - are empirically tested, along with their predictive validity on older people's quality of life. Comparative cross-national data from a sample of 2664 people aged 75+ from the five-country OASIS study (Old Age and Autonomy: the Role of Service Systems and Intergenerational Solidarity: Norway, England, Germany, Spain and Israel). Multivariate and block-recursive regression models estimated the predictivity of the two conceptualisations of family dynamics on quality of life controlling for country, personal characteristics, and activity of daily living (ADL) functioning. Descriptive analyses indicated that family solidarity (especially the affective/cognitive component) was high in all five countries, whereas conflict and/or ambivalence was low. Controlling for AD functioning, socioeconomic status and country, intergenerational relationships had only weak explanatory power and personal resources explained most of the variance. The data suggest that the three constructs exist simultaneously but in varying combinations, confirming that in cross-cultural contexts family cohesion predominates, albeit with low degrees of conflict and ambivalence. The solidarity construct evidenced relatively robust measurement. (RH)
ISSN: 10795014
From : <http://www.geron.org>

RELIGION AND SPIRITUALITY

- 186/77 In sure and uncertain faith: belief and coping with loss of spouse in later life; by Peter G Coleman, Fionnuala McKiernan, Marie Mills (et al).
Ageing and Society, vol 27, part 6, November 2007, pp 869-890.
This paper reports a study of the religious, spiritual and philosophical responses to spouse bereavement. 25 bereaved spouses aged 60+ living in the south of England and from Christian backgrounds were followed from the first to the second anniversary of the loss. The participants expressed a range of attitudes, from devout religious belief to well-articulated secular conceptions of the meaning of life, but the largest group had moderate spiritual beliefs that were characterised by doubts as much as hopes. Uncertain faith was more often associated with depressive symptoms and low levels of experienced meaning. Nine case studies are presented that illustrate different levels of adjustment to bereavement and both changing and stable expressions of faith across the one year of observation. Attention is drawn to the importance of both secular agencies and

religious organisations developing a better understanding of older people's spiritual responses to loss. Although to many British older people, practise of the Christian faith may be less evident now than in their childhood, quality of life assessment should not ignore sources of spiritual satisfaction and dissatisfaction. Moreover, previous and especially early-life religious experiences provide useful points of reference for understanding present religious and spiritual attitudes. The study suggests that there may be a substantial need for pastoral counselling among today's older people, especially those of uncertain or conflicted belief. (KJ/RH)

ISSN: 0144686X

From : http://www.journals.cambridge.org/jid_ASO

RESIDENTIAL AND NURSING HOME CARE

(See Also 186/8, 186/28, 186/34, 186/59, 186/60, 186/87)

- 186/78 Behind closed doors; by Jacqueline Morris.
Working with Older People, vol 11, issue 2, June 2007, pp 35-38.
We all take going to the toilet in private for granted: it is a marker of a civilised society. So why in care settings should our expectations change? The author explains about the multi-agency campaign, "Behind Closed Doors", which is being spearheaded by the British Geriatrics Society (BGS) and supported by a number of leading organisations. The aim is to change attitudes and the standards that we will come to expect. (RH)
ISSN: 13663666
- 186/79 Care homes: do they 'care' and are they 'homes'?; by John Burton.
Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 221-232.
The phrase "care home" conveys two clear messages: caring and homeliness, i.e. a place to live when both are needed. While many homes are worthy of this title, many are not. This paper looks at those that are not, describes in what ways these homes are neither caring nor homely, and examines the management attitudes and actions that prevent them living up to their description. This examination reveals that there is a shortage of knowledge and expertise in management, inspection and training, which leads to the repeated application of superficial, short-term "solutions" to deep-seated, long-term problems. The last part of the paper sets out a key conceptual framework, which is the first stage in enabling managers (at all levels) to run homes that are truly caring and homely. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>
- 186/80 The grandmother question: a way to assess the quality of dementia care?; by Alastair Macdonald, Natasha Garland.
Journal of Dementia Care, vol 15, no 2, March/April 2007, pp 35-37 (Research focus).
The "grandmother question" was developed for use in long-term residential and nursing care for people with dementia whose ability to be involved in judgements of quality were constrained by their disorder. The original question was formulated as "How happy would you be for your grandmother to be cared for here?" In this article, the authors describe a study in which managers and staff of continuing care units - some managed directly by an NHS Trust and others by a housing association - were interviewed and asked the "grandmother question". The aim was to assess how helpful the answers to this question would be in indicating the quality of services. (RH)
ISSN: 13518372
From : Email: shital@hawkerpublications.com
- 186/81 Not only bingo: a study of good practice in providing recreation and leisure activities for older people in care homes; updated by Sally Knocker; by Sally Knocker, Counsel and Care. [Rev ed] London: Counsel and Care, 2007, 62 pp.
The original 'Not only bingo' study was first published in 1993, and followed research carried out in a sample of homes for older people in Greater London. This new edition draws on the experiences of a new selection of private and voluntary sector homes across England known to the author. She interviewed activity organisers who are members of NAPA, the National

Association of Providers of Activities for Older People. While the book's original structure has generally been maintained, significant sections have been rewritten to include new approaches and understanding of the topic. There is a longer description of what is meant by "activity", and changes affecting the "activity agenda" are outlined, too. This publication has been endorsed by NAPA, and supported by the Underwood Trust. (RH)

Price: £20.00

From : Counsel and Care, Twyman House, 16 Bonny Street, London NW1 9PG.
www.counselandcare.org.uk

- 186/82 Planning consents for care homes: the challenges and opportunities; by Steve Bucknell.
Journal of Care Services Management, vol 1, no 3, April-June 2007, pp 252-261.
This paper highlights the need for more homes and those shortcomings in the current planning system that hinder new development. The description of the planning system is very simplified, and focuses on the system in England and Wales (the system in Scotland and Northern Ireland is broadly similar). This paper is aimed at operators of care homes rather than developers and property professionals, and hopefully avoids, or at least adequately explains, industry jargon. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>

- 186/83 Some legal underpinnings in the Scottish care home scene; by Austin Lafferty.
Journal of Care Services Management, vol 1, no 2, January/March 2007, pp 203-211.
Under the Regulation of Care (Scotland) Act 2001, once registration is granted, the regulatory regime swings into action. Where there is a problem or complaint about a service in a home, the Care Commission (the Scottish Commission for the Regulation of Care), in its enforcement capacity has a range of powers. These rise in severity from a simple note in the inspection report requiring the service manager to address the issue in question, to the imposition of an additional condition on the home's registration if there is a serious and persistent failure or refusal to meet the standards of obey the regulations, on to an improvement notice detailing the required improvement to be made and the timescale for this. It should be noted that the Commission does not have to go by this ascending order of disciplinary steps; it can issue an improvement notice straightaway. Indeed, it can seek a court order to close a home if it considers there is a real and urgent risk to service users. The Commission may seek to cancel the registration of the home, if the improvement notice does not achieve the desired result. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>

SOCIAL CARE

(See Also 186/27, 186/35, 186/49, 186/53)

- 186/84 A review of care regulation in Scotland: six golden rules of care service risk management; by David McKie.
Journal of Care Services Management, vol 1, no 2, January/March 2007, pp 149-154.
As our population of over 65s increases, as regulation in the care industry develops and as our compensation culture grows, it is more critical now than ever that the care industry is ready to meet the challenges of 21st century Britain. To do so, knowledge of vital areas of law, regulation and practice is pivotal. This paper aims to provide a practical guide to the types of day-to-day pitfalls which face the sector, to recognise potential problems before they arise or indeed escalate, and to deal with crises in a controlled manner, should such a situation develop. The paper relates specifically to dealings with the Scottish Commission for the Regulation of Care (known also as the Care Commission) since its inception in 2002. (RH)
ISSN: 17501679
From : <http://www.henrystewart.com>

STATISTICS

- 186/85 Personal social services statistics: 2005-06 actuals; by Statistical Information Service, Chartered Institute of Public Finance and Accountancy - CIPFA. London: CIPFA, 2007, 150 pp (Ref92.06).

This is the 56th survey in a series of annual statistical returns on personal social services to be published by the Chartered Institute of Public Finance and Accountancy (CIPFA). This is the sixth publication to reflect the review of CIPFA's Service Expenditure Analysis (SEA) for Social Services which forms part of the Best Value Accounting Code of Practice 2001. The data details actual expenditure and income for the year in question, together with non-financial data which in total provide a substantive analysis of the different activities for local authorities in England, Wales and Scotland. Of particular relevance to older people are analyses of: nursing and residential care homes; day care and generic services (includes home care, meals and equipment/adaptations). (KJ/RH)

Price: £85.00

From : The Chartered Institute of Public Finance and Accountancy, 3 Robert Street, London WC2N 6RL.

<http://www.cipfastats.net>

VOLUNTEERING

186/86 "Age shall not weary them nor the years condemn". Retired and senior volunteering today; by RSVP - CSV Retired & Senior Volunteer Programme; WRVS; Cabinet Office. London: RSVP, 2007, unnumbered.

This booklet recounts the ways in which twenty older RSVP volunteers, specifically aged 80 to 100, make a difference to their community, and in doing so, change their own lives as well. These individuals are representative of very many others in the 80 plus age group whom RSVP are proud to have as their volunteers, and who work nationwide across the UK. (KJ)

Price: FOC

From : CSV, 237 Pentonville Road, London N1 9NJ.

186/87 Volunteer in a dementia-registered nursing home; by Jim Ellis.

Working with Older People, vol 11, issue 1, March 2007, pp 28-31.

The author of this article became involved as a volunteer in a dementia-registered nursing home because his wife was a resident there. He describes how he has developed personalised companionship with the residents, resulting in increased stimulation and well-being for them. The vital role that volunteers play in this setting is emphasised. (RH)

ISSN: 13663666

186/88 Volunteering works: volunteering and social policy; by Nick Ockenden (ed), Angela Ellis-Paine, Steven Howlett, Joanna Machin (et al), Commission on the Future of Volunteering; Institute for Volunteering Research; Volunteering England. London: Institute for Volunteering Research and Volunteering England, on behalf of the Commission on the Future of Volunteering, 2007, 36 pp. Government policy on volunteering is characterised as a mixture of enthusiasm for the perceived outputs tempered by a distrust because volunteering does not work along lines that can be understood or controlled. This report considers these enthusiasm and distrust elements, by bringing together the best evidence available in five key areas: economic and sustainable development; safer and stronger communities; social inclusion; quality of life; and lifelong learning. Examples of effective projects and facts and figures from other reports reinforce the evidence presented. The conclusion suggests issues for government to consider. (RH)

From : Volunteering England, Regent's Wharf, 8 All Saints Street, London N1 9RL. www.volunteering.org.uk

CALENDAR OF COURSES AND CONFERENCES

All contributions to this section of New Literature on Old Age will be welcome.

There are now hundreds of courses, conferences, training events, workshops etc which are held throughout the year about older age issues.

A fuller listing is available on AgeInfo CD-ROM/Web.

December 2007 - January 2008

Intergenerational Network Opportunities

21st January 2008 London

Speakers: At each meeting there will be opportunities for organisations to present their work to provide learning and discussion, plus networking. A nominal charge of between £10 and £15 is required to cover costs of venue and refreshments, volunteers may attend free of charge; a registration form must be completed for each person attending.

Organised by: Centre for Intergenerational Practice, Beth Johnson Foundation

Venue: various

Location : various, England

Details : Louise Middleton, Coordinator, CIP, Beth Johnson Foundation, Parkfield House, 64 Princes Road, Hartshill, Stoke on Trent, ST4 7JL

Tel : +44 (0)1782 844036, *Fax :* +44 (0)1782

746940, The Centre for Intergenerational Practice invites you to take part in its forthcoming network meetings. In response to practitioners requests to facilitate opportunities to meet with others interested in intergenerational work, the Centre has put together a schedule of meetings to assist this and support the development of intergenerational practice in England. Previously, we have promoted these meetings as regional meetings but this has been seen as too restrictive as everyone is welcome to attend any of the meetings, irrespective of where they are based., 3rd December 2007 Birmingham , 5th December 2007 Chesterfield, Derbyshire

4 December 2007

Commissioning Care for Older People

This one-day conference will investigate changes in funding for social care and how to plan sustainable strategies to support an ageing population. How do we best look after our older people? What opportunities are

Speakers: Neil Hunt, Chief Executive, Alzheimer's

Society; Ivan Lewis, Care Services Minister, Department of Health; Dame Denise Platt, Chair, Commission for Social Care Inspection; Sir Derek Wanless, author, Securing Good Care for Older People.

Organised by: SocietyGuardian, with marketing partners: NCF, CSCI, BSG, Alzheimer's Society, CPA, Counsel & Care.

Venue: Savoy Place, London

Location : London, England

Details : Guardian Conference team

Tel : +44 (0)1462 744054, being created by Our Health, our care, our say, and what is the, impact on users of services and carers on the frontline? You decide, as we invite you to join the Guardian in discussing and drawing the, *Fax :* new landscape for the next generation of care provision for older, people. Registration online.

4 December 2007

Live Long and Prosper? Ageing in the 21st Century

The event will bring together academics and thought leaders from the University and beyond to discuss ageing-related issues. We are delighted to announce that Baroness Sally Greengross will open the seminar. Baroness Greengross is a crossbench (independent) member of the House of Lords and was Director General of Age Concern England for 13 years. This event will give you the opportunity to hear the results of the latest Cambridge research that could significantly impact the future. Following the seminar, there will be further networking opportunities at the Horizon Christmas Drinks Reception.

Organised by: University of Cambridge Horizon Seminar

Venue: University of Cambridge

Location : Cambridge, England

Details : Eileen Downham (Main contact), Research Services Division, 16 Mill Lane,

Cambridge CB2 1SB
Tel : +44 (0)1223 764793, Fax : +44 (0)1223
332988

4-5 December 2007

The Commissioning Challenge - Sustainable HIA Services? The Home Improvement Agency Annual Conference 2007

The National Strategy for Housing in an Ageing Society will be published later this year. The Strategy is expected to call for service providers to work closer together and to be more innovative in the way they deliver services across the housing, health and social care agenda. It is also likely to raise the challenge of recent demographic and environmental changes and the impact of these on the ways that services are commissioned and delivered. Procuring services to support older and disabled people living in private sector housing must not only be value for money, but also meet a wider range of agendas than ever before. In addition, service users themselves are becoming more empowered to choose services that are right for their individual needs. This year's conference aims to challenge agencies to see their services from a commissioners' perspective:

Organised by: Foundations : the National Co-ordinating Body for Home Improvement Agencies

Venue: Holiday Inn, Stratford upon Avon

Location : Stratford upon Avon, Coventry, England

Details : Foundations, Bleaklow House, Howard Town Mills, Glossop, SK13 8HT

Tel : +44 (0)1457 891909

5-6 December 2007

NICE 2007 : Evidence into practice

Organised by: National Institute for Health and Clinical Excellence - NICE

Venue: Manchester Central Convention Complex

Location : Manchester , England

Details : Health Links, Windsor House , 11 High Street, Kings Heath, Birmingham, B14 7BB

Fax : 0121 248 3399

6 December 2007

Delivering the Future of Housing for Older People and an Ageing Population

In the context of the Government's "National Housing Strategy for an Ageing Society" this conference will bring together a senior level audience from the housing, planning, health and social care sectors. The event will explore how to plan and deliver housing strategies which meet the needs of the UK's ageing population. Delegates will

examine how to ensure the independence and well-being of older people are met in the delivery of the Government's planning, housing and service reform agendas.

Speakers: Chair:

Organised by: Neil Stewart Associates supported by the DWP, DH, CSIP; sponsored by EAGA; supported by Counsel & Care

Venue: Inmarsat Conference Centre

Location : London, England

Details : PO Box 39976, 2nd Floor, 1 Benjamin Street, London, EC1M 5YT

Tel : +44 (0)20 7324 4330, *Fax :* +44 (0)20 7490 8830

10 December 2007

Fourth Telecare and Assistive Technology Conference

Keynote presentation invited: Ivan Lewis MP, Parliamentary Under Secretary of State for Care Services

Speakers: Chair: David Hinchcliffe (past Chairman of the Commons Health Select Committee)

Organised by: Laing & Buisson

Venue: The Cavendish Conference Centre

Location : London, England

Details : Laing & Buisson (Conferences) Ltd, 29 Angel Gate, City Road, London, EC1V 2PT

Tel : +44 (0)20 7923 5348, *Fax :* +44 (0)20 7841 0048

9 January 2008

Older Refugees - from isolation to integration

The one day conference will focus on the issues, challenges and service needs of older refugees and asylum-seekers. It marks the culmination of the Older Refugees Programme, a two year initiative involving the three organisations. The project is funded by Lloyds TSB.

Organised by: Age Concern, Refugee Council, Greater London Association for Older Women (AGLOW) hosted by the Greater London Authority

Venue: City Hall, London

Location : London, England

Details : Age Concern England, Astral House, 1268 London Road, London, SW16 4ER

Tel : +44 (0)20 8765 7523, *Fax :* +44 (0)20 8764 6594

2008

Mental Health and Adult Learning and Skills : Introductory Awareness Training

In line with the government's drive for social inclusion and the requirements of the Disability Discrimination Act (DDA), educational

organizations should strive to provide an environment that addresses the barriers to learning faced by people with mental health problems. This interactive one-day introductory training workshop aims to provide participants with an:

Organised by: NIACE : National Institute of Adult Continuing Education

Venue: various locations throughout England

Location : London, England

Details : Courses Team, NIACE Conferences and Courses Office, Renaissance House, 20 Princess Road West, Leicester, LE1 6TP

Tel : +44 (0)116 285 9661, *Fax :* +44 (0)116 254 8368, 1. overview of the prevalence of mental health difficulties in society and how these may affect learners, 2. opportunity to discuss and develop ways of working with people with mental health difficulties with the aim of supporting better and more learning opportunities, 3. increased understanding of how to create a 'healthy organisation' ethos

15 January 2008

Support for an Ageing Population : Selecting Appropriate Technology

UK Focus for Biomedical Engineering Briefing Seminar -

Organised by: The Royal Academy of Engineering

Venue: The Royal Academy of Engineering

Location : London, England, Policy Advisor

Details : Xameerah Malik , 3 Carlton House Terrace , London, SW1Y 5DG

Tel : +44 (0)20 7766 0623, Support for an Ageing Population: Selecting Appropriate Technology ;, 1.45pm at 3 Carlton House Terrace, London, SW1Y 5DG.

15 January 2008

The Body & Social Policy

Keynote address : Professor Julia Twigg, University of Kent

Organised by: SPA/BSA Study Group

Venue: Weetwood Hall, University of Leeds

Location : Leeds, England

Details : Angharad Beckett

16 January 2008

Nursing Older People on the Wards

A practical one day conference providing guidance on improving practice in nursing older people.

Speakers: Chair: Jonathan Webster (Consultant Nurse, Older People, Unviersity College London).

Speakers come from a range of healthcare settings.

Organised by: Healthcare Events

Venue: 20 Cavendish Square

Location : London, England

Details : Healthcare Events, 2 Acre Road, Kingston, Surrey, KT2 6EF

Tel : +44 (0)20 8541 1399, *Fax :* +44 (0)20 8547 2300

17 January 2008

A Single Equality Bill For Great Britain: Fairness For Older People

This exclusive event will look at new anti-discrimination proposals and how they look to extend existing equality procedures to the provision of goods, facilities and services. This highly significant bill will seek to bring age discrimination in line with current legislations covering race, sexism and disablism.

Organised by: Inside Government in association with Help the Aged

Venue: One Great George Street - London

Location : London, England

Details : Matthew Chaudhry, Inside Government, Golden Cross House, 8 Duncannon Street, London, WC2 4JF

Tel : +44 (0)207 484 5491

22 January 2008

Patient and Public Involvement in Health and Social Care : Preparing for LINKs

6 day course dates in 2008: Jan 22; Feb 5 & 19; March 4 & 18, 25

Organised by: Centre for Advanced Professional Practice, University of Westminster

Location : London, England

Details : Malcolm Alexander, Joy Tweed; Joint Course Leaders, 115 New Cavendish Street, London, W1W 6UW

Tel : +44 (0)20 8809 6551, Sessions will provide an opportunity to discuss, debate and consider implications for practice in specified areas of work.

23 January 2008

A Practical Guide to Improving Dignity in Care on the Wards

Keynote speaker: Ivan Lewis MP (Parliamentary Under Secretary of State for Care Services DH).

Speakers: Chairman: Pauline Ford (Gerontological Nursing Advisor and Dignity Project Lead RCN).

Organised by: Healthcare Events

Venue: Manchester Conference Centre

Location : Manchester, England

Details : Healthcare Events, 2 Acre Road, Kingston, Surrey, KT2 6EF

Tel : +44 (0)20 8541 1399, *Fax :* +44 (0)20 8547 2300

23 January 2008

Palliative Care and Dementia: Moving Forward in Partnership

Organised by: National Council for Palliative Care - NCPC

Venue: Park Crescent Conference Centre

Location : London, England

Details : Mridu Rana, Fitzpatrick Building, 188-194 York Way, London, N7 9AS

Tel : +44 (0)20 7697 1520, *Fax :* +44 (0)20 7278 1021

29 January 2008

Direct Payments

A one day course with Trainer: Luke Clements.

Organised by: Carers UK Training

Venue: London

Location : central London, England

Details : Carers UK Training Unit, Ruth Pitter House, Carers UK, 20-25 Glasshouse Yard, London , EC1A 4JT

Tel : +44 (0)20 7566 7632, *Fax :* +44 (0)20 7490 8824

1 February 2008

Supporting People - Preparing for the New Financial Landscape

Numerous workshops, lectures and plenary sessions to examine the most recent developments in this key initiative.

Organised by: CIPFA - Chartered Institute of Public Finance and Accountancy

Venue: tba

Location : London, England

Details : Courses & Conferences Unit, 3 Robert Street, London, WC2N 6RL

Fax : +44 (0)20 7543 5792

20 February 2008

NCVO Annual Conference 2008 - Working with Government : challenges for civil society

Organised by: NCVO

Venue: The Brewery, Chiswell Street

Location : central London, England

Details : NCVO, Regent's Wharf, 8 All Saints Street, London, N1 9RL

Tel : +44 (0)20 7713 6161, *Fax :* +44 (0)20 7713 5635

25 - 27 February 2008

Leading Dementia Training

Workshop will consider key aspects of person-centred care and the importance of preparation and planning of the learning event as well as to identify ways of implementing training and supporting learning within a work setting.

Organised by: Dementia Services Development Centre, University of Stirling

Venue: DSDC Stirling

Location : Stirling, Scotland, N Ireland

Details : The Dementia Services Development Centre , Iris Murdoch Building , University of Stirling , Stirling FK9 4LA

Tel : +44 (0) 1786 467740, *Fax :* +44 (0) 1786 466846

28 February 2008

Charging for Community Care

A one day course with Trainer: Pauline Thompson.

Organised by: Carers UK Training

Venue: London

Location : Central London, England

Details : Carers UK Training Unit, Ruth Pitter House, Carers UK, 20-25 Glasshouse Yard, London , EC1A 4JT

Tel : +44 (0)20 7566 7632, *Fax :* +44 (0)20 7490 8824

4-6 March 2008

National Care Homes Congress 2008

Organised by: Hawker Conferences

Venue: tba

Location : Birmingham, England

Details : Shital Patel, Culvert House, Culvert Road, London , SW11 5DH

Tel : +44 (0)20 7720 2108 x202

4 March 2008

'Pass the patient' : Streamlining the handover of care from hospital to community providers with better information

This event aims to cover all aspects of electronic patient-discharge summaries and focus on integration between community and hospital services. In particular, it will give an up-to-date overview of current methods, examine some of the local and national difficulties that need to be overcome and consider ways in which major improvements can be made.

Organised by: BJHC Limited

Venue: Lakeside Conference Centre, Aston University

Location : Birmingham, England

Details : BJHC Events, 45 Woodland Grove, Weybridge, Surrey, KT13 9BR
Tel : +44 (0)1932 821723, *Fax* : +44 (0)1932 820305, A series of keynote presenters, case histories and practical sessions will, *discuss and review clinical pathways and information flows to provide truly joined-up, patient-centred care. , *examine realistic solutions from healthcare providers that are successfully using ICT to integrate and produce effective and timely electronic discharge summaries.

5-6 March 2008

Ageing and Dementia

Two day workshop : To gain an understanding of the difficulty for people with dementia in carrying out Activities of Daily Living as a result of the ageing process and to identify how workers can improve the life experience of those they care for by acknowledging age-related change.

Speakers: Colin MacDonald (Workshop Leader)

Organised by: Dementia Service Development Centre (DSDC)

Venue: Iris Murdoch Building, University of Stirling

Location : Stirling, Scotland

Details : Conference Secretary, Dementia Services Development Centre, University of Stirling, Stirling, FK9 4LA, Scotland

Tel : +44 (0)1786 467740, *Fax* : +44 (0)1786 466846

6 March 2008

Mental Capacity Act in End of Life Care : Moving Forward

Speakers: Chaired by Simon Chapman (Ethics Advisor, NCPC)

Organised by: Healthcare Events

Venue: 4 Hamilton Place

Location : London, England

Details : Healthcare Events, 2 Acre Road, Kingston, Surrey, KT2 6EF

Tel : +44 (0)20 8541 1399, *Fax* : +44 (0)20 8547 2300

12 March 2008

Falls Prevention in Older People : Minimising risk and focusing on active healthy lifestyles

Keynote introduction : Falls prevention in older people - Ivan Lewis MP, Minister for Care Services (DH)

Speakers: Chaired by Professor Chris Todd.

Organised by: Healthcare Events

Venue: 76 Portland Place

Location : London, England

Details : Healthcare Events, 2 Acre Road, Kingston, Surrey, KT2 6EF
Tel : +44 (0)20 8541 1399, *Fax* : +44 (0)20 8547 2300

17-20 March 2008

2008 Joint Conference of NCOA and the American Society on Ageing

Organised by: NCOA/ASA

Venue: Smith Center, Washington, D.C., District of Columbia

Location : Washington DC, USA

14-18 April 2008

Oxford Institute of Ageing Spring School : 'The Multi-disciplinary Toolkit for Global Ageing'

Deadline for applications: 15 January 2008

Speakers: tba

Organised by: Oxford Institute of Ageing, University of Oxford

Venue: tba

Location : Oxford, England

Details : Angelika Kaiser, Oxford Institute of Ageing, University of Oxford, Manor Road Building, Manor Road, Oxford OX1 3UQ

Tel : +44-1865-286196, The intent of the Spring School is to provide the next generation of researchers on Ageing with the tools they need to move into the 21st century. This forum will

provide a unique opportunity for interaction between leading experts and emerging researchers in all aspects of bio-demographic, social and behavioural research into individual and population ageing. The schedule will consist of a combination of key note lectures, workshops and discussion groups on the themes of Demographic and Population Change , The Ageing Brain , and Institutions and Civil Society .
, Places are limited, and applications (application form and a CV plus a name of one reference) should be submitted by 15 January 2008. Costs for participation are £450 (without accommodation) or £650 (including 4 nights B&B).

6 - 8 May 2008

1st International Conference: The Dementia Services Development Centre - Northern Ireland - Embracing the Challenge: Citizenship and Dementia

Northern Ireland has been innovative in its use of assistive technologies to support people with dementia. In addition to a specific symposia, we are calling for submissions, to showcase new technologies within a designated demonstration

area throughout the duration of the conference.

Organised by: Dementia Services Development Centre, University of Stirling

Venue: Stormont Hotel, Belfast

Location : Belfast, N Ireland

Details : Jemma Galbraith, The Dementia Services Development Centre , Iris Murdoch Building , University of Stirling , Stirling FK9 4LA

Tel : 01786 467740, *Fax :* 01786 466846, The Dementia Services Development Centre - Northern Ireland operates as branch of The Dementia Services Development Centre, University of Stirling.

15 May 2008

Housing for Older People

The Government's National Strategy for Housing in an Ageing Society is due to be published at the end of 2007 and highlights the challenges facing Britain's support services. Shelter's courses can help you improve services to meet the health, housing and care needs of older people. Further date: 30 July in Manchester.

Organised by: Shelter Training

Venue: Shelter offices

Location : London, England

Details : Unit 13, City Forum, 250 City Road, London , EC1V 2PU

Tel : 0844 515 1155, *Fax :* 0844 515 2907

22-25 May 2008

18th Alzheimer Europe Conference - Breaking Barriers

Location : Oslo, Norway

Tel : +47 231 200 42

12 June 2008

Welfare Benefits for People aged 60+

Organised by: Shelter Training

Venue: Shelter offices

Location : London, England

Details : Unit 13, City Forum, 250 City Road, London , EC1V 2PU

Tel : 0844 515 1155, *Fax :* 0844 515 2907

2-4 July 2008

PSIGE Annual Conference : Extending the Boundaries

Choice of workshops on one day and two days of four parallel academic streams. Keynote speaker: Steven Zarit, Professor of Human Development, Penn State University.

Organised by: PSIGE - Psychologists' Special Interest Group Working with Older People

Venue: University of York

Location : York, England

Details : BPS Conference office, BPS, St Andrews House, 48 Princess Road East, Leicester, LE1 7DR

Tel : +44 (0)116 252 9555, *Fax :* +44 (0)116 255 7123

